



**Skilled Nursing under the ID Waiver**

**Provider Training  
Module 10**

**Division of Developmental Services**  
Department of Behavioral Health and Developmental Services  
2013

## ID Waiver Provider Modules

- 1 = Overview of the ID and DS Waivers
- 2 = Becoming an ID Waiver Provider
- 3 = Supporting People in the ID and DS Waivers
- 4 = Introduction to Planning
- 5 = Residential Services
- 6 = PA, Respite and Companion (Agency-Directed)
- 7 = Employment and other Day Services
- 8 = Crisis Stabilization – ID Waiver
- 9 = Assistive Technology, Environmental Modifications and Transition Services
- 10 = Skilled Nursing**
- 11 = Personal Emergency Response System
- 12 = Consumer Directed Services and Services Facilitation
- 13 = Therapeutic Consultation
- 14 = Preauthorization and Billing
- 15 = Monitoring and Oversight

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## Resources referenced

- ID Community Services Manual (7/10)
- Nurse Practice Act



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## Common Acronyms

- SN = Skilled Nursing
- DSP = Direct Support Professional
- PCP = Person-centered Practices
- ID = Intellectual Disability (formerly called mental retardation, which is no longer used)
- SC = Support Coordinator
- DDS = Division of Developmental Services

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*Skilled nursing services are those medical services that are ordered by a medical physician and that are not otherwise available under the State Plan for Medical Assistance.*

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## Service Descriptions



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### Skilled Nursing



- Medical services ordered by a physician
- Long-term in nature (for waiver funding)
- Routine or “as needed”
- Available for serious medical conditions
- Provided in home and community
- May be alongside other non-medical services

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### Qualifications

RN (or LPN supervised by RN) contracted or employed by DBHDS-licensed Residential, Day Support or Respite provider with a SN participation agreement

**OR**

A VDH-licensed home care organization or home health provider (enrolled to provide skilled-nursing)

ID Community Services Manual, Chapter II

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## Qualifications

Have a DMAS Participation Agreement to bill for skilled nursing.

DMAS Participation Agreement



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## DMAS Participation Agreement

Request:

### WAIVER ENROLLMENT PACKAGE

13. TYPE OF SERVICE: (Please check all that apply)

- ☐ Prevocational Services
- ☐ Residential Support
- ☐ Respite Care
- ☒ Skilled Nursing Services
- ☐ Supported Employment
- ☐ Therapeutic Consultation - if this box is checked 14 needs completed

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## DMAS Participation Agreement

- Call **804-270-7027** or **888-335-8476 (Fax)**

*or*

- **Virginia Medicaid Provider Enrollment Services PO Box 26803 Richmond, VA 23261-6803**

*or*

– Can download from DMAS portal

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## DMAS Participation Agreement

Downloading the DMAS Provider Enrollment Package



<https://www.virginiamedicaid.dmas.virginia.gov/wps/portal>

Provider Services

Provider Enrollment

Available applications

Mental Retardation Waiver

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### DMAS Participation Agreement

- Send
  - the completed Provider Enrollment Package and
  - copy of license or certification to

**Virginia Medicaid Provider Enrollment Services PO Box 26803 Richmond, VA 23261-6803**

or

Fax: **888-335-8476**

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### Allowable Support Activities



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### Allowable Support Activities

- Monitoring health status
  - Administering medications and treatments
- and
- Training, consultation, delegation and oversight (in accord with NPA)



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### Nurse delegation



**RN** (or one licensed to practice medicine):

- Determines tasks to be delegated
- Assesses skill levels
- Trains specifically for each individual, per procedure
- Supervises performance of task
- Determines frequency of supervision

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## Nurse delegation

- Certain medically-oriented supports/therapies may be provided **IF** staff receive:
    - initial training in the procedure AND
    - on-going monitoring
- from a RN who deems DSPs capable of performing the task

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## Nurse delegation

New 2013

Medication administration via  
Percutaneous Gastronomy Tube  
(G-Tube)

<http://www.dbhds.virginia.gov/OL-default.htm>



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## Nurse delegation

Nursing tasks **cannot** be delegated  
under Companion Services.



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## Skilled Nursing



Documentation

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## Documentation

Plan is prepared by RN

CMS 485  
(with Personal Preferences tool)

or

Plan for Supports

Personal Preferences Tool

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## Documentation

Ordered by Physician

Physician's written orders needed

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## Documentation

Ordered by Physician

- Nursing services, hours and duration  
*Physician designates RN and LPN hours accordingly*
- Can be approved 30 days prior and for up to 1 year from the start date

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## Documentation

Support Log notes

Dates and times,  
amount and type of  
service or training

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## Documentation



### Quarterly Reviews

Every 90 days covering...

Results of services

Significant events

Satisfaction with services

Revisions to the plan for supports

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## Skilled Nursing

### Units & Limitations



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## Preauthorization

### Intellectual Disability Online System (IDOLS)

All Providers must be enrolled in IDOLS prior to providing services under the ID and DS Waivers.



IDOLS DMAS Memo 11-23-11

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## Reimbursement



### Billable Hours

- Bill for amount of time with person or when providing consultation/training
- Quarter hours within approved limits
- Periodic Supports

Determining Periodic Support Hours

Periodic Support Checklist

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## Contacts:

Community Resource Consultants				
REGION 1	REGION 2	REGION 3	REGION 4	REGION 5
<b>Erik Williams</b> (540) 375-4248	<b>Barry Seaver</b> (804) 286-9008	<b>Wanda Earp</b> (276) 669-7762	<b>David Meadows</b> (804) 786-5813	<b>Xiomara Apicella</b> (757) 434-5328
Harrisonburg-Rockingham Northwestern Rappahannock-Rapidan Valley	Arlington Middle Peninsula-Northern Neck* Prince William Rappahannock Area* *outside region	Alleghany Highlands Blue Ridge Cumberland Highlands New River Valley	Hanover Henrico Richmond Southside	Eastern Shore Portsmouth Virginia Beach Western Tidewater
<b>Kathy Witt</b> (276) 223-3723	<b>Jen Kurtz</b> (804) 461-0256	<b>Karen Poe</b> (276) 733-5176	<b>Andrea Coleman</b> (804) 371-2583	<b>Michelle Guziewicz</b> (804) 286-9008
Horton Region 10 Rockbridge	Alexandria Fairfax-Falls Church Loudoun	Danville-Pittsylvania Dickenson Mt. Rogers Piedmont Planning District	Chenierfield Crossroads District 19 Goochland-Powhatan	Chesapeake Colonial Hampton-Newport News Norfolk
<b>Gail Rheinheimer, Manager</b> <b>Provider Development Services</b> <b>PHONE: (540) 981-0697</b>				

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